

FULL WAIVER & RELEASE OF LIABILITY

ICSOS INCORPORATED o/a International Canadian School of Survival herein referred to as: ICSOS,

_____ (Print Full Name)

FOR GOOD AND VALUABLE CONSIDERATION (the receipt and sufficiency of which consideration is hereby acknowledged by the Participant) **HEREBY ACKNOWLEDGES AND AGREES** that in attending ICSOS, courses, programs, treks or organized activities operated or sanctioned by ICSOS, release ICSOS, its staff, its members including but not limited to, its employees, directors, officers, shareholders, representatives, contractors and/or guides, instructors, agents, participants including other students, against all recourse, proceedings, claims and causes of action of any kind whatsoever, in respect of all personal injuries or property losses which I may suffer arising out of or connected with, my preparation for or participation in ICSOS courses, programs, treks or organized activities. I understand and agree that such risks, dangers, and hazards include but are not limited to: travel and survival in the wilderness, exposure to elements such as changing weather conditions, varying environmental conditions and varying wilderness conditions which may result in:

- | | |
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| ➤ Hypothermia and/or Hyperthermia | ➤ Physical or bodily injuries |
| ➤ Dehydration | ➤ Parasites |
| ➤ Frostbite | ➤ Extreme weather |
| ➤ Burns including Sun or Wind | ➤ Loss of gear |
| ➤ Insect bites or stings | ➤ Automobile accidents or equipment failure |
| ➤ Exposure to wildlife/toxic plants | ➤ permanent injury or impairment |
| ➤ Drowning | ➤ loss of limb |
| ➤ Cuts or bruises | ➤ DEATH |
| ➤ Risks associated with the use of specialized equipment, machinery, such as ATV's, snowmobiles, boats, chainsaws, etc. | |

I hereby acknowledge and agree:

- that wilderness activities, travel in the wilderness, hiking, backpacking, rock climbing, mountain travel, high altitude travel, river/stream crossings, ice crossing, canoe tripping, whitewater canoeing, portaging, instructional sessions, programs, survival training, orienteering, wilderness navigation, cutting wood, handling axes, knives and saws, lighting fires, overnight camping, sleeping beside a fire, are very dangerous, exposing participants to many risks and hazards, some of which are inherent to the very nature of the activities themselves.
- I am aware that on wilderness courses, programs, treks or organized activities there are certain inherent dangers and risks, some of which include: weather, avalanches, rock fall, icefall, tree fall, travel in mountainous/steep terrain, travel in wetlands or on any body of water, wild animals, as well as equipment failure, aircraft and helicopter travel, but are not limited to Acts of God.
- That as a result of the risks and hazards, I, as a participant, may suffer serious personal injury, **EVEN SERIOUS PERMANENT INJURY AND DEATH**, as well as property loss, and that some of the mentioned risks and hazards are foreseeable, but others are not.
- I nevertheless freely and voluntarily assume all the risk and hazards, and that, my preparation for, and participation in the courses, programs, treks or organized activities shall be entirely **AT MY OWN RISK**.

I have carefully read this FULL WAIVER AND RELEASE OF LIABILITY FORM and acknowledge and agree this agreement is binding on myself, my heirs, my executors, administrators, and/or personal representatives.

I hereby confirm that my level of health, physical fitness and endurance, is satisfactory for my participation on the _____.

I have completed the ICSOS Confidential Medical History Form accurately and understand that ICSOS will be relying upon this medical information disclosed by me. I have verified with my physician and confirm that I do not have any physical or psychological problems which could create undue risk to myself or anyone else on the courses, programs, treks or organized activities.

I understand that I am solely responsible for educating myself in all applicable risks, to weigh those risks against the advantages and/or disadvantages, and to decide whether or not to participate in the courses, programs, treks or organized activities. I understand and agree that the only way I can completely eliminate all risks related to participating in sanctioned courses, programs, treks or organized activities is to choose not to participate in them, which I understand I am free to do at any time and for any reason.

I understand and agree that I am obligated to comply with all instructions and/or directions set forth by **ICSOS**, before and throughout the duration of the courses, programs, treks or organized activities.

I also understand and agree that the non-completion of the course, program, trek or organized activity due to voluntary/compulsory withdrawal, lack of participation caused by my physical or mental inability to meet the course, program, trek or organized activity requirements, will result in a failure to meet the required criteria for certification.

I further understand and agree that following a failure to achieve certification requirements for the course, program, trek or organized activity any deposit, travel and or tuition costs are non-refundable. ICSOS, in its absolute discretion, reserves the right to grant me another opportunity in a future course, program, trek or organized activity should an opening be available, however, this is not an obligation on the part of ICSOS, and each situation will be reviewed on a case by case basis.

I understand and agree to release, waive and hold harmless ICSOS, and all other involved parties from any and all liability for property damage, personal injury and even death suffered by myself or by a third party as a result of my participation on the courses, programs, treks or organized activities. I waive any and all claims, actions, costs, expenses and demands that I may have against all released parties, and to release all said concerned parties from any and all liability for any loss or expense that I or my next of kin, may suffer or incur, as a result of my participation on ICSOS courses, programs, treks or organized activities.

This release agreement is intended and shall be effective and binding upon my heirs, next of kin, executors, administrators or personal representatives in the event of my death.

I certify that I am of lawful age and legally competent to sign this liability release. I understand the terms herein are contractually binding and that I have signed this agreement of my own free will and with the knowledge that I hereby agree to waive my legal rights. I further agree that if any provision of this agreement is found to be invalid or unenforceable that that provision only shall be construed as unenforceable but the remainder of the agreement shall continue to be of full legal force and effect.

I agree that the laws of the Province Manitoba, Canada, shall govern this contract and the parties attorn to this jurisdiction.

SIGNATURE OF PARTICIPANT: _____

DATED: _____

PARTICIPANT PRINT ADDRESS: _____

WITNESS PRINT FULL NAME: _____

WITNESS SIGNATURE: _____

WITNESS PRINT ADDRESS: _____

DATED: _____

PHOTOGRAPHY/VIDEO/MEDIA RELEASE

I hereby give permission for ICSOS to use photography and/or videos and/or media taken of me during my ICSOS course, program, trek or organized activity, and I hereby consent to the use of these photographs/video of myself, and/or any copies, reproductions, etc. of this photograph in any editorial, media or promotional material produced and/or published by ICSOS.

I agree that these photographs/videos will be the exclusive property of ICSOS, and that all reproduction rights are belonging to ICSOS, to use the photos in any medium in perpetuity. I am free to use these photographs/videos for my own personal use.

By signing below, I agree to the release of any rights I may have or may acquire in such photographs/videos of me, and in all ICSOS policies, releases and agreements related to same.

PARTICIPANT PRINT FULL NAME: _____

SIGNATURE OF PARTICIPANT: _____

DATED: _____

****NOTE:** The above forms **must** be signed **and** submitted to ICSOS **prior to** course, program, trek or organized activity date to ensure all needed information has been given and to prepare for any special needs or health concerns that may arise. If forms have not been submitted, attendance **will be** denied.